

BAFCA Activity Plan



Safety Procedure: Zone, Phone and Drink ... Fit, Kit and Think!	Emergency Procedure: Control, Call and Care!
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Coach:	Venue:	Date:
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Activity Name:

Time:	Objective:	People:	Contact Level:
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Activity (with diagram):

Coaching Points:

Self Review: Did I achieve the intended objective? What went well? What went less well? Action Point(s):
